

Individual value-added benefits: Colorado.

We've expanded our coverage to include benefits that add more value to our plans and programs that help our members live their healthiest lives.

Loyalty program.*

Enroll in our wellness activities and earn up to \$240 per person/\$580* per family, per calendar year. Wellness activities include things like:

- Rx Savings Solutions®.
- Enrollment in Intermountain Connect Care®.
- Receiving your annual wellness exam.
- Joining a tobacco cessation program.
- Receiving mental healthcare.
- Staying fit by joining a gym or keeping track of your physical activity.
- You can now earn rewards for healthy living activities like tai chi, yoga, and acupuncture.
- Learn more at selecthealth.org/loyalty.

*Rewards received may be considered income and subject to tax.



Virtual care options.

- Virtual visits with an in-network primary care provider, mental healthcare provider, Intermountain Connect Care (urgent care only), and UCHealth urgent care service providers are covered at no additional cost.*

- \$0 out-of-pocket virtual visits for urgent care, primary care, and mental healthcare on many plans. Note: Other care options may include video visits with in-network providers using different apps or websites.
- Pre-deductible outpatient rehabilitation.**
- Chiropractic services.**

*Urgent care must be through Connect Care or UCHealth to be covered at \$0.

**Visit limits apply to these services.

Pharmacy drug coverage.

- Access to more than 55,000 pharmacies, including all major national chains.
- Get your medication delivered right to your door with hassle-free mail order* for no extra charge with Intermountain or UCHealth Home Delivery by visiting selecthealth.org or uchealth.org/services/pharmacy.
- Learn how Select Health members can save more on prescription drugs by visiting rxsavingsolutions.com.

*Some restrictions may apply.



- Select Health members have access to Mark Cuban Cost Plus Drugs with more than 1,000 prescription products at potentially lower prices than traditional pharmacy locations. Visit costplusdrugs.com to learn more.



Individual value-added benefits: Colorado.

Member discounts.

- Member discounts on health-related products and services.
- Choose Healthy® (access through Select Health member account).
- Discounts up to 55% on popular health and fitness brands.
- Save up to 25% on services from specialty healthcare practitioners.
- Online health classes and articles.
- Visit discounts.selecthealth.org/discounts.



Select Health mobile app.

- View plan details.
- Estimate medical costs for specific services or procedures.
- Review medical and pharmacy claims in one location.
- Find wellness tips and resources.
- Search for covered medications, compare drug prices, and access other information about pharmacy benefits.
- Request a call or chat with our Member Services team.
- Print or email copies of your ID cards.

Wellness tools.

- **Way to Wellness®** — one-year diabetes prevention program for adults who want to lose weight. Attend sessions with a registered dietitian to set, review, and personalize plans.
- **Preventive care at no additional cost** — includes coverage for things like wellness checkups and immunizations.
- **Quit for Life® and Colorado QuitLine** — tobacco cessation programs.
- **Healthy Beginnings®** — prenatal program that provides support for a safe and healthy pregnancy.
- **Care Management** — our team of nurse Care Managers can support members with chronic conditions.

